

Allocation and effectiveness of rehabilitation

Research Director Erja Poutiainen

- Equity in the allocation of rehabilitation services in Finland
- Occupational cause-specific incidence of disability pensions and mortality in 1997-2006 in Finland
- Promoting well-being and work ability of entrepreneurs in SMEs: A follow-up study

Promoting functional and working ability and developing illness-specific rehabilitation

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- Heart 60+, development of an out-patient cardiac rehabilitation programme for coronary heart disease patients over 60 years, and evaluation of the feasibility and efficacy of the intervention. A randomized trial
- Evaluation of the pilot of the Social Insurance Institution development programme for children's psychiatric family rehabilitation
- The Learning to Learn project. Developing rehabilitation services for young and adult people with specific learning difficulties
- European Profile on Prevention and Promotion of Mental Health (EuroPoPP-MH)

Promoting work ability and supporting continuing at work

General Manager Veijo Notkola

- Supporting well-being and working ability of employees at SMEs

Promoting social and work inclusion

Research and Development Manager Mika Ala-Kauhaluoma

- The co-operation of NGO-actors and public sector in multidimensional rehabilitation
- Return to work after sick leave due to depression
- Present state and need for development of job coach services
- Kompassi – Through vocational rehabilitation to the open labour market
- Evaluation of the Supported employment -project, Friends of the Young
- TUULI project – Evaluation of the implementation and results of an early rehabilitation intervention
- Immigrants as clients in the Finnish rehabilitation services
- Evaluation of group interventions for people with depressive symptoms. Development project of the Social Insurance Institution
- The functioning of vocational rehabilitation within the earnings-related pension scheme
- Psychotherapists in Finland
- The effect of psychotherapy on working ability and coping
- People with severe disabilities in rehabilitation organized by the Social Insurance Institution
- Supported employment in the Nordic countries. A research and development project in labour market integration
- Proposal for the European Commission: Study on a comprehensive overview on traineeship arrangements in Member States (Institute for Employment Studies, UK)



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Rehabilitation Foundation carries out research, evaluation and development projects in the areas of public health, social care and welfare, employment and rehabilitation. The research and development activities aim at:

- generating new and applicable knowledge on disability or marginalization processes and their prevention
- developing and evaluating medical, psychological, social and vocational rehabilitation measures and models
- evaluating and critically examining the functions of and services produced by the Finnish rehabilitation system.

Action programmes of rehabilitation research and development are:

- Allocation and effectiveness of rehabilitation
- Promoting functional and working ability and developing illness-specific rehabilitation
- Promoting work ability and supporting continuing at work
- Promoting social and work inclusion

The approach draws from various disciplines, and innovative projects are essential part of its function. The research and development are financed by Finland's Slot Machine Association, ministries and other national sources, and by the European Social Fund.

Rehabilitation Foundation avails publication series with reports published in English or with English summary. The results are disseminated in Finnish and international journals.